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FAM JAM  
02/11/2024

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We have talked about Jesus as the Alpha and Omega (beginning and end), Immanuel (God with us), the Good Shepherd, the Way, and the Prince of Peace. We also know Jesus called himself the Bread of Life. Why did Jesus call himself the Bread of Life?

Make a list of bread items your family eats and rank them from your kids' favorite to their least favorite.

In Jesus's time, they didn't have as many food options as we have today. A staple of theirs was bread. They made and ate bread all the time. Without bread, they may not even have had enough food to survive. People needed bread. Who do we need?

Jesus told us to pray and ask God to "give us our daily bread." This means to ask God to give us what we need. What are some things we need? What are some things we just want? What is the difference?

Read John 6:35. What will we never hunger or thirst for if we have Jesus?

Make some bread together. Throughout the process of making and waiting, relate it to Jesus. (wait for it to rise, let it sustain you, warmth it gives, pleasant taste, etc.)

Pray and ask Jesus that we follow him and listen to him so we can know the way to God.